



The Canadian Society of Clinical Hypnosis Ontario Division


Mission Statement: To promote the use of hypnosis in clinical practice by regulated health professionals, according to the highest ethical principles, through education and training, collegial support, and liaison with other professional hypnosis societies.

**Dr. Max Shapiro
Director of Education & Research
New England Society of Clinical Hypnosis
Harvard Medical School**

Advanced Techniques in Medical and Psychological Hypnosis

June 3rd and 4th, 2011

**The Albany Club of Toronto
91 King Street East
Toronto, Ontario**



Now Accredited:
11.5 CFPC
Mainpro-M1;
11.5 RCPS
Section 1

CONFERENCE COMMITTEE:

Drs. Heather Aubry, Annette Lorenz, Lynn Marshall & Sid Freedman

COMPONENT SECTION:

AMERICAN SOCIETY OF CLINICAL HYPNOSIS

Max Shapiro, Ph.D.



Max Shapiro, PhD received his BA from Yale College and his PhD in Clinical Psychology from Boston University. He has been appointed to the Faculty of Tufts University School of Medicine and Harvard Medical School, and has taught at the Newton-Wellesley Hospital, Massachusetts General Hospital, and the Beth Israel Deaconess Medical Center/MMHC (currently). Dr. Shapiro has been the Director of Education and Research for the New England Society of Clinical Hypnosis (NESCH) for 15 years. He conducts an office practice in Newton, MA, with a specialty in hypnosis to improve outcomes in psychotherapy, healthcare, athletics, academics, business, and the performing arts. Dr. Shapiro previously maintained a Mind-Body Medicine practice at the Newton-Wellesley Hospital, where he served as Chief of Psychology from 1981 to 1988. A popular, highly regarded teacher, Dr. Shapiro was awarded the 2009 Erika Fromm Award for Excellence in Teaching at the 2009 SCEH Annual Conference.

Workshop Outline

This workshop will showcase advanced techniques in both psychological and medical hypnosis. Focal areas will include: novel induction techniques, innovative uses of hypnosis, focal treatment of mind-body problems, and hypnotic treatment of trauma.

This will be a highly practical workshop with specific techniques, protocols and hypnotic scripts provided for the topic areas discussed, and then rehearsed, with at least one third of the workshop time spent in interactive practice. The expectation is that participants will learn and then practice new approaches that can be immediately implemented at the conclusion of the workshop.

Objectives

By the end of the workshop, participants should be able to:

1. Identify a hypnotic strategy to apply to the treatment of insomnia;
2. Identify benefits of hypnosis for surgery preparation;
3. Cite two examples of hypnotic techniques for treatment of trauma
4. Identify a new protocol for the treatment of pain

Advanced Techniques in Medical and Psychological Hypnosis

Albany Club of Toronto, 91 King Street East

Friday, June 3, 2011

8:00 a.m. Registration, Continental Breakfast

8:45 a.m. Welcome, Introduction of Faculty, Overview of Workshop (Gouws, Lorenz)

9:00 a.m. Hypnotic Treatment of Insomnia

10:15 a.m. Break

10:30 a.m. Hypnotic Treatment of Insomnia

12:00 p.m. Lunch, CSCH-OD AGM 12:30

1:30 p.m. Brief Inductions in both Medical/Dental & Psychological Practice

3:00 p.m. Break

3:15 p.m. Advanced Inductions: Customizing for different populations and settings

4:30 p.m. Adjourn

Saturday, June 4, 2011

8:00 a.m. Continental Breakfast

9:00 a.m. Hypnotic Treatment of Trauma

10:15 a.m. Break

10:30 a.m. Hypnotic Preparation for Surgery

12:30 p.m. Lunch

1:30 p.m. Hypnotic Treatment of Chronic Pain

3:00 p.m. Break

3:15 p.m. Treating Care-giver Burnout

4:30 p.m. Workshop evaluation questionnaires, Adjourn

Optional Half-Day Workshop

Train the Trainer

Environmental Health Clinic at Women's College Hospital
76 Grenville Street, Toronto

Sunday, June 5th, 2011

Description:

This Half-Day Workshop will present a comprehensive model for optimally teaching hypnosis at both Basic and Intermediate levels. Presentation of the structure of the standard model will be supplemented by an exploration of ways this model can be customized for different professions, settings and populations.

Agenda:

9:00 am The Standard Model for Optimal Hypnosis Training: Core Elements
10:15 am Break
10:30 am Customizing your Workshop for different populations & settings
12:30 Adjourn

Objectives:

By the end of this workshop, participant should be able to:

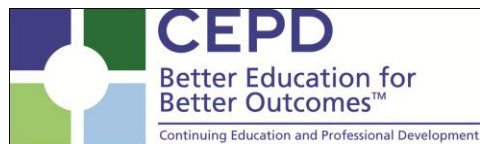
1. Prepare and present one section of a hypnosis workshop
2. Identify and manage learning obstacles in a workshop
3. Assist students who have difficulty with managing trance

Cost is \$50.00 per participant

Location: Environmental Health Clinic at Women's College Hospital, 76 Grenville Street, Toronto. Full details will be emailed to registrants.

Eligibility: In addition to the requirements for the main workshop, participant must have two years' experience using hypnotherapy.

Certificate in Clinical Hypnosis



Participants who complete all the requirements for the Introductory, Intermediate and Advanced training in Clinical Hypnosis between November 2010 and June 2011, as confirmed by the Faculty, are eligible for a *Certificate in Clinical Hypnosis* from the Continuing Education and Professional Development Department of the Faculty of Medicine, University of Toronto upon submission of \$50.

WORKSHOP VENUE

New venue

The workshop will take place at the **Albany Club of Toronto**, 91 King Street East. It is located on the south side, just west of Church St. For those taking public transportation, the closest subway stop is King station.

Parking: Parking is nearby and shown on the map on the Albany Club web site at http://www.albanyclub.ca/abt_008.php

Please note: We have been fortunate to be able to hold our workshops at this private club through the assistance of one of our members. The Club has some rules we must respect: **Please do not wear jeans or running shoes.** Otherwise, casual dress is permitted. Also, please respectfully refrain from using cell phones inside the Albany Club.

Accommodation: The Le Méridien King Edward hotel is located one block west of the workshop venue. Please mention the Albany Club and ask for their preferred rate. Other hotels and bed & breakfast listings may be found at: www.torontotourism.com/Visitor/WhereToStay. (The downtown locations section would be most relevant.)

Certificate of Completion

We will have sign-in sheets to track attendance.

Certificates will be provided after completion of the two-day workshop.

This workshop has been approved for:

The College of Family Physicians of Canada:
11.5 Mainpro-M1 credits;

The Royal College of Physicians and Surgeons of Canada:
11.5 Section 1 credits.

ASCH approved: **11.5 hours at the advanced level**

REGISTRATION FEES

2011 Members (CSCH, SCEH, ASCH)	\$475.00
After May 10 th , 2011	\$525.00
Non-Members	\$525.00
After May 10 th , 2011	\$575.00
Full Time Students	\$295.00
After May 10 th , 2011	\$345.00

Fees include continental breakfast and lunch on both days.

Train the Trainer session: \$50.00

ELIGIBILITY

Applicants for training at any CSCH-OD workshop must be regulated by a College under the RHPA or the College of Social Workers (or their equivalents in other provinces or states) and they must have at least a Masters degree.

In some circumstances, students in appropriate graduate programs or regulated professionals with experience but no Masters degree may also be eligible. See the [web site](#) for the full conditions and required documentation.

Completion of an approved introductory hypnosis workshop is a prerequisite to attend this workshop.

ATTENTION NON-MEMBERS

The discount our members get for workshops, both in Ontario and elsewhere, pays for their membership!

Membership is \$155 a year. Think about joining us!

For membership information and an application form, see our web site:

www.hypnosisontario.com

REGISTRATION INFORMATION

Registrations are processed in batches, typically one or two per week, to reduce administration costs. If your mail arrives just after a batch is processed, it may be a week before you hear back, or your cheque is banked. You will receive an e-mail confirmation of your registration.

All communications are by e-mail, so please make sure your e-mail address is clearly written.

If you have any questions about *registration*, please contact:

David Powell
MemberAdmin@csch-od.ca

WORKSHOP INFORMATION

For inquiries *about the workshop*, contact one of the CSCH-OD board via:

Questions@csch-od.ca

MEMBERSHIP POLICY

Current CSCH-OD members who are in arrears in their membership must become fully paid up or include their outstanding dues with the workshop fee to receive the members' discount.

The discount is for members in the 2011 year.

CANCELLATION POLICY

Cancellations are permitted if at least two weeks' notice is provided. However, a \$25 administrative fee may be retained.

Society Meetings

The CSCH-OD AGM will be held during lunch on Day 1.

Location: **Albany Club of Toronto**, 91 King Street East.

Date: Friday Jun 3, 2011

Time: 12:30 to 1:30 p.m.

Payment options

We accept payment by cheque, VISA or MasterCard by mail. Putting your credit card number in an email is probably a bad idea as electronic copies of your email are hard to control or secure.

We also accept PayPal from links on our website, www.hypnosisOntario.com. The PayPal button on the workshop page will show the early bird prices until close of business on the cut-off day. Please note that paying by PayPal is not the same as *ordering* online; unless you are already a CSCH-OD member, you will need to provide the necessary information on the form (last page) to establish eligibility. Please make sure you are eligible *before* you pay, because we could start the registration process as soon as the payment is received.

Paid-up members of CSCH-OD have the option of paying through PayPal and not sending in the form, because we have most of the details recorded, and we know you are eligible! Do email us if you have an accessibility requirement, though. Otherwise, you can do it all with One Button Booking! If you don't like PayPal, mail the form, but you don't need to fill in the data we already have.

Anyone can send in a scanned form via e-mail; students can provide proof via an e-mailed scanned document. (E-mail address: Register@csch-od.ca)



**Advanced Workshop
Jun 3, 4 2011**

(Please print, especially the e-mail address;

CSCH members need only enter name, e-mail and accessibility needs)

TITLE: Dr. Mr. Mrs. Ms.
LAST NAME: _____
FIRST NAME: _____
ADDRESS: _____

POSTAL CODE: _____
PHONE: () _____

E-MAIL ADDRESS: (lack of an e-mail address will delay your confirmation)

This address etc. is for my Home Work

Please check one, and specify below

- licensed / registered professional
- student

specify profession or student specialty and graduate program affiliation:

Credentials / Licensure

I am a member in good standing of the

_____.

(e.g. Ontario College of Social Workers, College of Psychologists of Ontario, etc.)

Highest Degree _____

I confirm the accuracy of the information provided.

Signature _____

Registration # _____

I took my introductory hypnosis training at:

Organization: _____

Year: _____

I AM A MEMBER OF CSCH-OD YES NO
or other provincial/state hypnosis society
please specify _____

I AM A MEMBER OF ASCH/SCEH YES NO
ASCH/SCEH MEMBERSHIP #: _____

Workshop fee \$ _____
 Optional half day fee \$ _____
Total \$ _____

Cheque Enclosed Already paid online
 Visa MasterCard

Card Number Expiry: MM YY

Three digit security code (back of card)
Appears after and to the right of your
card number CSC

Accessibility needs including medical issues due to food allergies / intolerances (please specify):

Non-members - please fill in ALL SECTIONS of this form; current CSCH-OD members need only enter name, e-mail, money, and special needs.

Cheques should be payable to CSCH-OD.
(NO post-dated cheques please)

Send mail to:
**CSCH-OD Advanced Workshop
2281 Rockingham Drive,
Oakville, Ont. L6H 7J4**

For early deadline pricing, completed registration and payment must be received no later than close of business, May 10th 2011.

Enrollment may be limited, so please submit your registration application as soon as possible.