

## Canadian Society of Clinical Hypnosis – Membership Renewal

Dear Member,

We hope that this e-mail finds all of you doing well and anticipating a fun filled holiday season full of family, friends and good food.

As the year is coming to a close and the next one is approaching, we are also at the time of membership renewal for CSCH-OD. This past year has had some excellent education opportunities, and 2012 promises to be better, especially if you're one of those waiting for Claire Frederick to make a repeat appearance! In addition to the top notch workshops of the coming year, we'd also like to take a moment to remind you of the membership benefits of belonging to CSCH-OD:

**SCEH Journal** –CSCH-OD has continued working closely with the Society for Clinical and Experimental Hypnosis (SCEH). Once again we have negotiated the distribution of the International Journal of Clinical and Experimental Hypnosis (IJCEH) to our members as a special benefit. If you go to <http://ijceh.com/> you will find the following statement on IJCEH: "For over 50 years, the International Journal of Clinical and Experimental Hypnosis (IJCEH) has been the leading voice in hypnosis for researchers, scholars, and clinicians in psychiatry, psychology, social work, dentistry , and medical specialties. In fact, the IJCEH has been consistently ranked as one of the most influential publications in these respective fields, according to citation impact statistics Source: SSCI Journal Citation Report). Whether you are involved in clinical work, counselling, research, or teaching, the IJCEH is your single essential resource to stay informed on the latest developments in hypnosis."

If you renew your membership on or before December 15, 2011, you may receive this prestigious journal as a *free* Member Benefit. If you sign up after the early bird deadline, for a limited time you can still receive the journal at the subsidised price of \$30.00.

**Please make sure that you tick the option on the renewal form if you want to receive the journal.**

**Peer Consultation groups** - These local-area peer facilitated groups are a great way to share your experiences, ask questions and to keep yourself hypnotically fresh between workshops.

**The Website** - While continuing to be a work in progress, our website now has a members-only section that will give you access to audio, video and printed materials to improve your skills with hypnosis. Our site has also served to be an excellent source of referrals for our membership and a great way for our members to see what's happening with our workshops. Our web address is [www.hypnosisontario.com](http://www.hypnosisontario.com).

**Referral Program** - We usually get 2-4 inquiries per week from people looking for licensed health care providers who practice hypnosis.

**Access to CSCH-OD's library** - We have an amazing library housed at the resource centre of the Stress and Trauma Institute in Hamilton. It is well worth a visit for an afternoon. Contact Dr. Jacques Gouws at 905-312-0111 for more details.

**Reduced workshop fees** - When you are a member, your fees are reduced for our workshops and workshops from reciprocating Societies.

**Our Hypnosis Bookstore** - On our website is a link to our bookstore that has 52 of the top hypnosis books from our board's experience. Don't know what book to get to further hone your hypnosis skills - check out our bookstore (an amazon.ca affiliate) - they're all good.

The CSCH-OD fees are as follows, and as a special incentive, when full members complete their renewal **before December 15, 2011, we will include the SCEH journal at no cost to you.**

Full member	\$155	
Associate	\$125	
Intern and Resident	\$25	
SCEH journal, add:	\$30	(or free with renewal of any full membership before Dec 15th!)

To renew your membership, we need to verify the information we have on file about you, and you need to renew your declaration. Please fill out the attached update form, and mail it to:

CSCH-OD Membership Renewal  
c/o 2281 Rockingham Drive,  
Oakville, Ontario, L6H 7J4

You can pay for your membership in two ways. You can pay by cheque, payable to "CSCH-OD", and send it with the form, or we now accept VISA and MasterCard (details on the form). There is also a PayPal option on the website, but remember that whichever option you choose for payment, you will still need to mail the update form and declaration.

Wishing you all the best in the coming year!  
Sincerely,

Your Membership Committee

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**Here's what we'd like you to do, now, while you're already thinking about it:**

Scroll to the last page, the one beginning "Membership Information Update". You can either pre-fill the fields inside Adobe Reader using your keyboard, or just print the page out as a blank form and fill in by hand. We need your name, the date, payment options and signature at a minimum. If any of the data we sent in the renewal e-mail was wrong, correct only that piece.

**Be sure to sign the declaration, and send it by snail mail**, so we have the declaration on file. (You could also scan the signed copy and email it if you have that capability.) To qualify for the early bird incentive, we need your **payment and declaration** in our hands on Dec 15<sup>th</sup>.

Please note that this year we allow for a full list of all your degrees (it used to be just your "highest" degree), and a place to record what you "do". We can't agree (yet) on a simple name for this piece of data, but this is where you can record your specialty, profession, occupation or whatever. Examples would be: Family Doctor, Psych Associate, Gynaecologist, Social Worker, Nurse-Therapist, etc. etc. There is also a record of which College you belong to. If you belong to more than one, supply the one under whose auspices you do the majority of your work. As these data are new, please check them carefully and make changes as necessary.

**Membership Administration e-mail address:** [MemberAdmin@csch-od.ca](mailto:MemberAdmin@csch-od.ca)

